

MADHAV INSTITUTE OF TECHNOLOGY & SCIENCE, GWALIOR
(A Govt. Aided UGC Autonomous & NAAC Accredited Institute Affiliated to RGPV, Bhopal)

GIRLS GRIEVANCE CELL

Report

Date: 04.02.2023

Name of Activity: Campaign on Health and Menstrual Hygiene Management

Date of Activity: 04 February, 2023

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of participants attended the workshop: 135

Name of Speaker: Mrs. Neelam Dixit

The Girls Grievance Cell of MITS, Gwalior organized a campaign on "Health and Menstrual Hygiene Management" on 04.02.2023. The objectives of the campaign in short are stated as follows:

Objectives:

- To make women aware about health hygiene.
- To make children aware about basic hygiene in day to day lives.
- To spread awareness about menstrual hygiene and precautions to take in the menstrual cycle.
- To discuss some cleanliness measures with the people of that village (Salupura).

Outcomes:

After attending the session we expect that the people of Salupura would be able to -

- Practice personal hygiene efficiently.
- Follow precautions during menstrual cycle.
- Maintain day-to-day hygiene.
- Use sanitary pads during menstruation.
- Take cleanliness measures to prevent from diseases and bacterial infections.

Brief Outline of the Workshop:

Speaker: Mrs. Neelam Dixit

Chief Guest: Mrs Neelam Dixit ,Branch Manager FPAI,Gwalior.

The Campaign/Session commenced with greetings by Mrs Neelam Dixit followed by Dr. Anshu Chaturvedi and Dr. Anjula Gaur. They all began with speech on hygiene awareness and menstrual cycle and precautions to take within menstrual cycle and addressed the cons of traditional way of handling menstrual cycle and use of sanitary pads. Also, we have spread awareness among the children about day-to-day hygiene.

Attendance Link :

<https://drive.google.com/file/d/1tNeyLEUtKwekyZZrkYFrHn5bMvHhmqzi/view?usp=drivesdk>

Glimpses:

