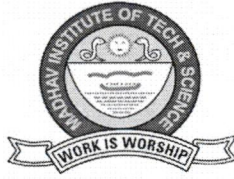


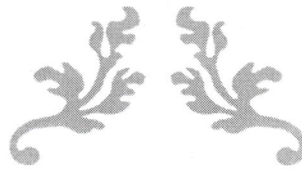
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Department of Electrical Engineering



QUIZ COMPETITION

NATIONAL NUTRITION WEEK (01-07 September 2024)



SEPTEMBER, 2024

MADHAV INSTITUTE OF TECHNOLOGY & SCIENCE GWALIOR

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Department of Electrical Engineering

Subject: Report on Quiz Competition to celebrate "National Nutrition Week"

An Overview

To commemorate National Nutrition Week, Electrical Engineering Department organized an engaging quiz competition aimed at raising awareness about nutrition and healthy eating habits. The event was held on 07 September 2024, bringing together students, educators, and community members to foster knowledge and enthusiasm around nutrition.

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Electrical Engineering Department

Ref:- EED/2024

Date: 04/09/2024

NOTSHEET

With reference to the Department Activity Calendar of Department of Electrical Engineering to celebrate the "National Nutrition week" during 01-07 September 2024, a quiz competition is being planned on 07/09/2024 for the awareness of Nutrition among the students with the following details.

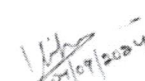
Purpose of Activity:- The significance of National Nutrition Week lies in its mission to address nutritional deficiencies and promote a healthier nation. This activity aims to spread knowledge about the critical role nutrition plays in growth, immunity, cognitive development, and overall well-being. It also creates awareness for the prevention of lifestyle-related diseases such as obesity, diabetes, and heart conditions through good nutrition.


Theme: - National Nutrition Week

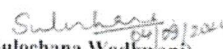
Mode:- Online Quiz Competition

Participants: - Students

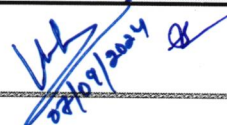
Permission may be granted to conduct the above-mentioned activity & to give e-certificates to the participants.


Dr. Vikram
Faculty Coordinator


Dr. Kuldeep Swarnkar
Faculty Coordinator


(Dr. Sulochana Wadhvani)
Prof & Head, EED,
MITS Gwalior




04/09/2024

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Department of Electrical Engineering

Quiz Competition
to celebrate
National Nutrition Week

Saturday 07 September 2024
Time:- 05:00 pm - 06:00 pm

Save your spot!

Scan this QR code to participate



e-certificates will be
given to participants

Student Coordinator
Harshit Shrivastava
9399784690

Faculty Coordinators
Prof. Kuldeep Swarnkar
Dr. Vikram

Objective

1. To educate participants about the importance of nutrition.
2. To promote healthy eating habits among the community.

Salient Points - Session Details

The quiz competition featured a variety of questions related to nutrition, food groups, dietary guidelines, and healthy lifestyle choices. The event included:

- Participants: Students.
- Format: The quiz consisted of multiple-choice questions.
- Duration: The competition lasted approximately 1 hour.

Vish
07/09/2024 *KS* *Dr. Vikram*

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Photographs/Screenshots

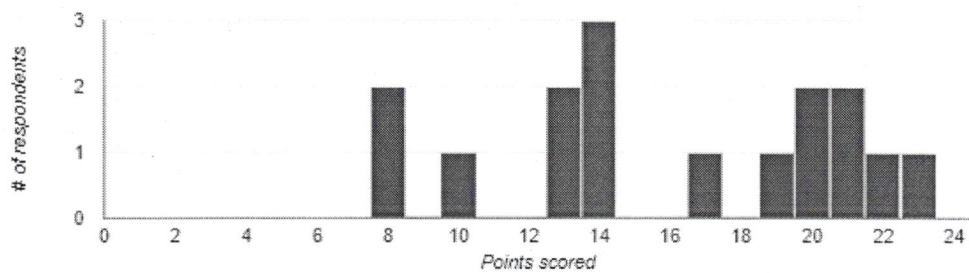
Insights

Average
16.06 / 24 points

Median
14 / 24 points

Range
8 - 23 points

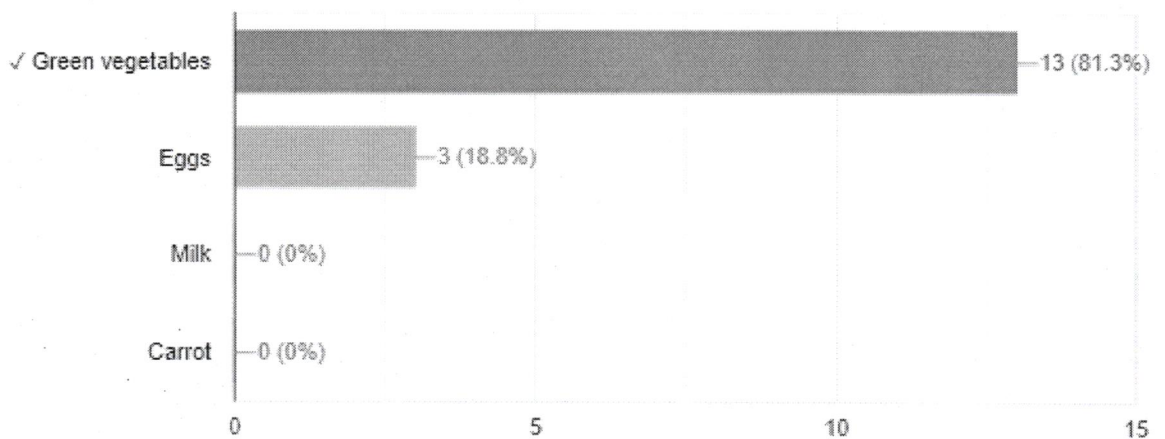
Total points distribution



Question

13 / 16 correct responses

Copy



Wish
07/09/2024

He

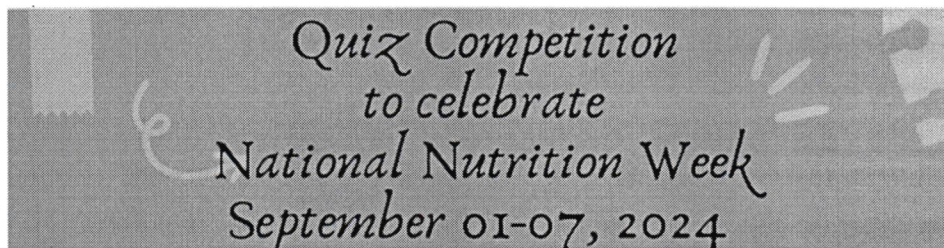
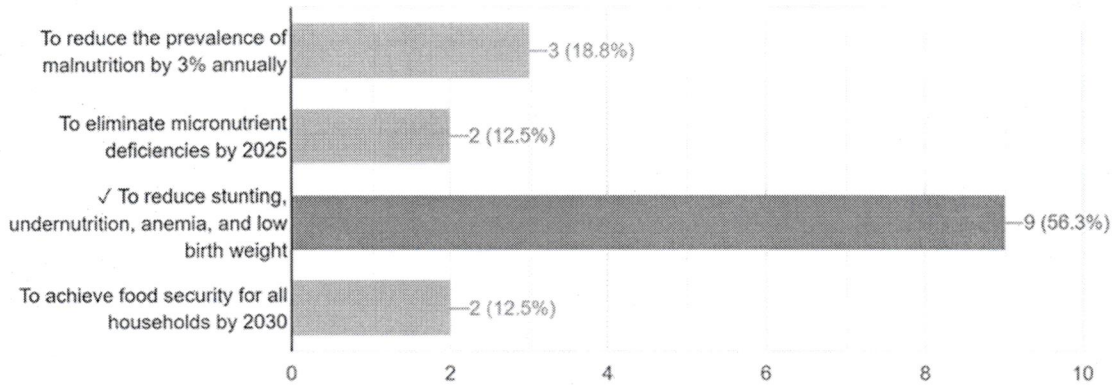
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Question

9 / 16 correct responses



Section 1 of 2

Quiz Competition to celebrate National Nutrition Week September 01-07, 2024

B I U

Form description

Email *

Valid email

This form is collecting emails. [Change settings](#)

ExtendedForms Id (skip this field)

DO NOT EDIT this field or your score will not recorded.

Short answer text

Name *

Short answer text

Vikas
07/09/2024


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Outcomes

In summary, Participants reported a greater understanding of nutritional values and the importance of a balanced diet. Participants expressed enthusiasm for future events, highlighting the need for more educational initiatives focused on health and nutrition.


Dr. Vikram
Coordinator, EE


Prof. Kuldeep Swarnkar
Coordinator, EE


Dr. Sulochana Wadhvani
Prof. & Head, EE