

MADHAV INSTITUTE OF TECHNOLOGY & SCIENCE, GWALIOR

(A Govt. Aided UGC Autonomous & NAAC Accredited Institute Affiliated to RGPV, Bhopal)

One-day Webinar on

“Commemorative Day: National Youth Day”

The Institute organized a one-day online webinar on “National Youth Day” on January 12th, 2022 with the co-ordination of Prof. Punit Johari and Dr. Ashish Agrawal.

Objective Of Webinar:

National Youth Day is celebrated on 12 January every year to pay tribute and honor the teachings of Swami Vivekananda on his birthday. Theme of the webinar was “All Power is Within You, You Can Do Anything and Everything”. The objective of the webinar was to inspire and make people (and especially youth) aware with powerful insights of Swami ji about life, religion, unity, peace etc along with a meditation session.

Expert Lecture Details:

The Keynote speaker was Dr. Ankit Kotia, Professor, Lovely Professional University, Kapurthala, Punjab. Apart from being a researcher in many multi-disciplinary areas like lubricants and water purification, he is also a heartfelt meditation trainer. He is also actively involved in many social projects like education of nearby village kids.

Line of Action:

Webinar was inaugurated in the presence of Prof. Punit Johari (Event Coordinator) and Dr. Ashish Agrawal (Event Coordinator). Dr. Ashish Agrawal welcomed the honorable speaker Dr. Ankit Kotia (Lovely Professional University) and gave brief information about himself to the audience. In this webinar students and faculties from different institutes had participated. In this webinar the honorable speaker discussed on how we can learn from the life of Swami ji. For example, whenever there is a conflict between your heart and brain, always follow your heart. Speaker explained about the relationship between consciousness, super consciousness and samadhi.

Audience got to understand the difference between normal sleep and samadhi state. As per Swami Vivekananda ji, it is necessary to have a teacher in spiritual field, just as it is in most other areas of life. Later on meditation session was conducted with guidance. After the completion of this interesting webinar, the vote of thanks was given by Dr. Ashish Agrawal.

Participants: Total 106 participants attended this webinar. The details of participants are as follows: -

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Outcomes of the Webinar: -

- Participants got to know about various lessons from the life of Swami Vivekananda ji.
- Participants gained wisdom over inspirational thoughts & quotes by Swami ji and how one can implement these to improve the quality of life.
- Participants got to learn about super-consciousness, how to achieve and get benefits from it.
- Participants were also enlightened on meditation technique by heartfulness and its benefits in daily life.

Link for the Webinar: <https://meet.google.com/hqk-szoh-hcf>

Recording Link:

<https://drive.google.com/file/d/1mwzdpx98Ci9l8jIID4f9Ts2BoPSuwRRu/view?usp=sharing>

Poster of the Webinar



MADHAV INSTITUTE OF TECHNOLOGY AND SCIENCE, GWALIOR
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CELEBRATES

NATIONAL YOUTH DAY
12 JANUARY 2022 AT 1.00 PM

In collaboration with Digital Learning Group

ORGANISED BY STUDENT ORGANIZATION HEARTFULNESS, UNDER THE AIGES OF
DIVISION OF STUDENT WELFARE, LOVELY PROFESSIONAL UNIVERSITY



TALK ON LIFE OF SWAMI VIVEKANANDA JI & THEIR LESSONS FOR YOUTH.
SPEAKER : Dr. ANKIT KOTIA
TIME : 25 MINUTES, FOLLOWED BY MEDITATION SESSION OF 20 MINUTES



ALL POWER IS WITHIN YOU, YOU CAN DO ANYTHING & EVERYTHING

• Swami vivekananda



FACULTY COORDINATOR :
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Prof. Punit Kumar Johari

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E - CERTIFICATE WILL BE PROVIDED TO PARTICIPANTS.

Registration link
<https://forms.gle/yNtsEvbFj5mceSSV6>

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Glimpses of the Webinar: -

Celebration of National Youth Day 12th Jan, 1 PM L-3 (2022-01-11 at 23_37 GMT-8).mp4 - VLC media player
Media Playback Audio Video Subtitle Tools View Help

The screenshot shows a presentation slide titled "DLG1 (1).pdf" (2 MB) displayed in a Google Slides interface. The slide content includes:

- Logo of Digital Learning Group (DLG) and heartfulness.
- Text: "CELEBRATION OF NATIONAL YOUTH DAY ON 12 JANUARY 2022 AT 9.00 AM"
- Text: "In collaboration with Digital Learning Group (MITS GWALIOR)"
- Text: "ORGANIZED BY STUDENT ORGANIZATION HEARTFULNESS UNDER THE GUIDANCE OF DIVISION OF STUDENT WELFARE, LOVELY PROFESSIONAL UNIVERSITY"
- Text: "TALK ON LIFE OF SWAMI" and "ALL POWER IS"

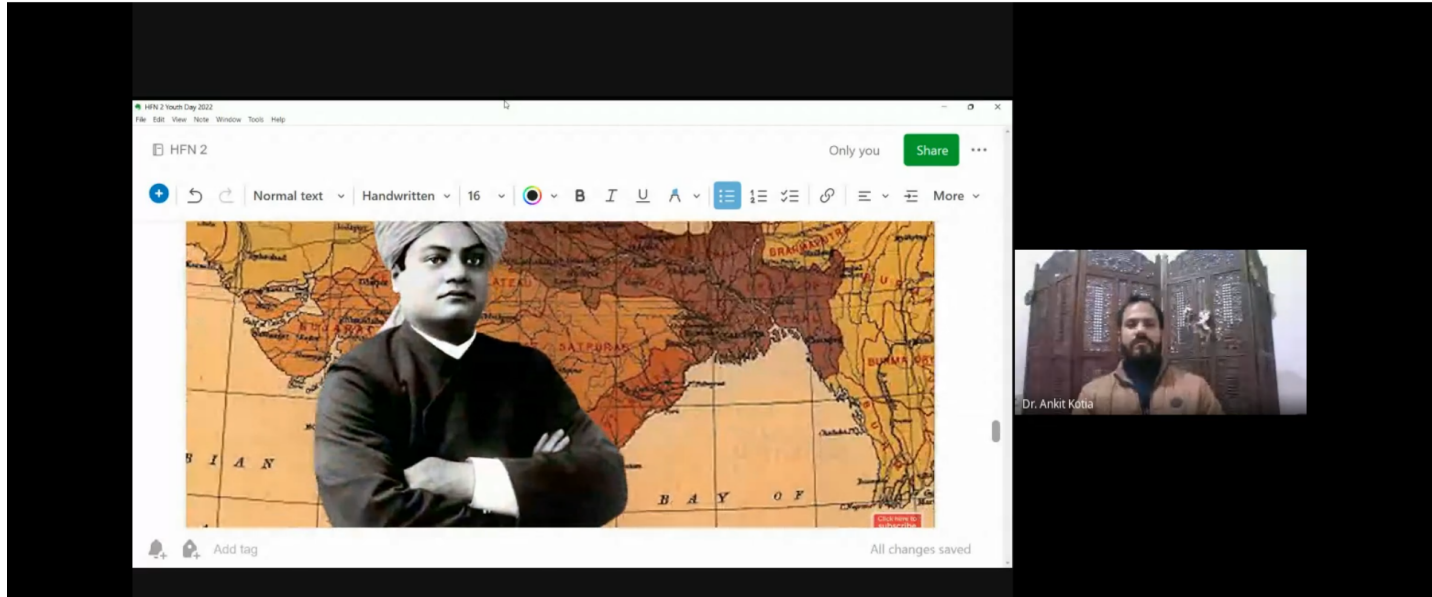
A small video inset on the right shows Dr. Ankit Kotia.

Celebration of National Youth Day 12th Jan, 1 PM L-3 (2022-01-11 at 23_37 GMT-8).mp4 - VLC media player
Media Playback Audio Video Subtitle Tools View Help

The screenshot shows a presentation slide titled "DLG1 (1).pdf" (2 MB) displayed in a Google Slides interface. The slide content includes:

- Quote: "In a conflict between the heart and the brain, follow your heart."
- Attribution: "Swami Vivekananda"
- Image of Swami Vivekananda in an orange robe and turban.

A small video inset on the right shows Dr. Ankit Kotia.



The screenshot shows a video player window. The main content is a presentation slide titled "HFN 2" with a "Share" button. The slide features a portrait of Mahatma Gandhi in the foreground, with a historical map of India in the background. The map is labeled with "BRITISH INDIA" and "INDIA". The text "B I A N" and "B A Y O F" is visible on the map. The presentation software interface includes a menu bar (File, Edit, View, Note, Window, Tools, Help), a toolbar with various editing tools, and a status bar at the bottom that says "Add tag" and "All changes saved".

On the right side of the video player, there is a small video inset showing a man with a beard and glasses, identified as "Dr. Ankit Koria".



The screenshot shows a video player window displaying a man speaking. The man is wearing glasses and a dark jacket. He is positioned in the center of the frame. In the background, there is a framed picture of a white horse on a wall. The video player interface is visible at the top, including the title bar and menu bar. The name "Dr. Ashish Agrawal" is displayed at the bottom left of the video frame.

The screenshot shows a VLC media player window displaying a presentation slide. The slide contains the following Hindi text:

एक विचार लें। उसी एक विचार को
अपना जीवन बना लें - उसके बारे में सोचें,
उसका सपना देखें, उसी विचार को
जीवन का हिस्सा बना लें। अपने मस्तिष्क,
माँसपेशियों, नसों और तन के प्रत्येक अंग में
उस विचार को भर लें और किसी भी अन्य विचार को
बस छोड़ दें। यही सफलता का मार्ग है।

On the right side of the slide, there is a small video inset showing a man with a beard and a brown jacket, identified as Dr. Ankit Kotia. The presentation software interface includes a menu bar with 'File', 'Edit', 'View', 'Note', 'Window', 'Tools', and 'Help'. The text area has a 'Share' button and a 'More' dropdown. At the bottom, there is an 'Add tag' button and a status 'All changes saved'.

(Dr. Ashish Agrawal)

Event Coordinator

(Prof. Punit Johari)

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