(A Govt. Aided UGC Autonomous & NAAC Accredited Institute Affiliated to RGPV, Bhopal)

#### **GIRLS GRIEVANCE CELL**

#### Report

Date:17.09.2022

Name of Activity: FILM FESTIVAL ON GENDER INCLUSION AND EQUALITY.

Date of Activity: 5<sup>th</sup> - 8<sup>th</sup> September, 2022

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of participants attended the workshop: 134

The Girls Grievance Cell of MITS, Gwalior organized a Four-day Film Festival showcasing short films and documentaries on topics like Gender Diversity, Gender Inclusion and Equality from 5<sup>th</sup> to 8<sup>th</sup> September.

#### **OBJECTIVES:-**

The objectives of the four-day event in short are stated as follows:

- To create and spread awareness on multiple aspects of gender equality and gender discrimination.
- To promote positive changes in attitude towards different genders and cause newly formed opinions on various issues related to gender diversity.
- To reach and influence a wide audience about certain topics related to gender sensitization.
- Films educate us and encourage us to take action. One main objective of this film
  festival was to inspire young individuals to take stand against any form of gender
  discrimination.

#### **OUTCOMES:-**

After attending the four-day event, it was expected that the participants will be able to:-

- To have better and deeper understanding of subjects related to gender diversity and inclusion.
- To think progressive thoughts like gender equality and to form wiser opinions on topics like feminism and egalitarianism.
- To observe their surrounding and to see the world with wider mindset.
- To have healthy and impactful discussions with their peers regarding various issues like different genders, their importance and inclusion in society.

#### **BRIEF OUTLINE OF THE FILM FESTIVAL:-**

On day one of the Film festival, a mini web series, **MAN'S WORLD** was shown to the audience. This miniseries puts men into the alternate matriarchal world, through the life of the protagonist. It is the story about walking in their shoes, in that world. This movie aims to spread awareness about gender equality and empower girls and women across the world.

On the following days, movies like **PENCIL BOX**, (that reflects the gut-wrenching reality of a society that sabotages gender equality),

**PERIOD,** END OF SENTENCE, (A short documentary about a group of women in Harpur, India who are fighting against the deeply rooted stigma of menstruation.),

**CHUBHAN**,(A story of a young woman who works in an office and lives alone faces several uncomfortable moments, where she feels watched and followed and the movie ends with a mind-blowing twist.)

And LOVE, SIMON (A movie that inspires people to be who they are.) were presented to the audience.

The aim was to keep the ambience of the whole event educative and at the same time, engaging and entertaining. For that, refreshments were also distributed among the participants.

The FILM FESTIVAL was successfully ended on 8th September.

**ATTENDANCE LINK:** <a href="https://drive.google.com/file/d/13tNygTRZhUc3POKYQRGRdzgLwtvLip4/view?usp=drivesdk">https://drive.google.com/file/d/13tNygTRZhUc3POKYQRGRdzgLwtvLip4/view?usp=drivesdk</a>

https://drive.google.com/file/d/13vXIadTbG6fAh\_N8-6bRFvZr\_sssUIGF/view?usp=drivesdk

**FEEDBACK** LINK: https://drive.google.com/file/d/13xmr6PCenkrC-wQqdOqKoA3ORLdlhbZL/view?usp=drivesdk

# एमआइटीएस

# रिप्रजेंटेशन के नाम से भी जाना जाता है सिनेमा

पत्रिका plus रिपोर्टर

ग्वालियर. सिनेमा के पास एक शक्ति हैं, जिसे रिप्रजेंटेशन के नाम से जाना जाता हैं, जिसका अगर सही तरीके से इस्तेमाल किया जाए तो वह दुनिया बदलने में मदद कर सकता है। मीडिया में रिप्रजेंटेशन की मूल पिरभाषा यह हैं कि कैसे मीडिया जैसे टेलीविजन, फिल्म और किताबें लोगों या समुदायों को चित्रित करती हैं। इसी सोच के साथ एमआइटीएस के गर्ल्स ग्रीवेंस सेल ने फिल्म फेस्टिवल किया। शुरुआत डीन एकेडिमक डॉ मंजरी पंडित, डॉ अंशु चतुर्वेदी ने की। फेस्टिवल की शुरुआत यूट्यूब की मिनी सीरीज 'मेंज वर्ल्ड' से हुई। इसके बाद शॉर्ट फिल्म 'जूस' दिखाई गई।

#### **GLIMPSES:**









# Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,

(A Govt. Aided UGC Autonomous & NAAC Accredited Institute Affiliated to RGPV, Bhopal)

#### **GIRLS GRIEVANCE CELL**

#### Report

DATE: 24.09.2022

Name of Activity: DHEERA, WORKSHOP ON VAW (Violence against women)

Date of Activity: 22<sup>nd</sup> September, 2022

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of participants attended the workshop: 56

The Girls Grievance Cell of MITS, Gwalior organized a one-day workshop "Dheera" on VAW. (Violence against women)

#### **OBJECTIVES:-**

The objectives of the workshop in short are stated as follows:

- To provide a comprehensive approach to the prevention of violence against women, focusing on early interventions.
- To raise awareness on the issue of gender-violence and analyze the causes and factors of violence against women.
- To analyze how the violence against women impacts the lives of women victims, their families and society.
- To identify educational and social strategies to address the issue.
- To collect, share and develop innovative responses and best practices for elimination and prevention of violence against women.
- To give recommendations and concrete proposals for action for elimination and prevention of violence against women.

#### **OUTCOMES:-**

After attending the workshop, it was expected that the participants will be able to :-

- Be well informed about issues like Violence against women and the various ways to prevent it.
- Observe their surrounding and to see the world with wiser perspective.
- Have healthy and impactful discussions with their peers regarding various issues like different genders, their importance and inclusion in society.
- Spread awareness about the various legal and fundamental rights for women against any kind of violence in our constitution.

• Create a safe platform where grievances of everyone is heard and action is taken immediately.

#### **BRIEF OUTLINE OF THE WORKSHOP:-**

The workshop was organized in the Conclave Centre at MITS. It began with the formal greetings by the hosts of the event. It was our honor, at GGC to invite esteemed personalities like, Dr. Shashibala Bhonsle, President of Gwalior ObGy society for 2022-23, Dr. Kusumlata Singhal, Ex-president of Gwalior ObGy society, Obstetrician-gynecologist, Dr. Preeti Gupta, Obstetrician-gynecologist and Dr. Veena Pradhan, Obstetrician-gynecologist as the speakers for the event.

The speakers provided an overview of the issue and explored the epidemiology and burden of violence against women and children in both, our country and internationally. They also reviewed the state of knowledge with respect to successful interventions and future directions in the prevention of such violence. The workshop focused on what is known about violence against women and its prevention. Following this, the workshop was concluded successfully.

#### ATTENDANCE LINK:

https://drive.google.com/file/d/1CklJl8pA Lfoy-9whX38t6Qm1GT2fK-d/view?usp=sharing

#### **GLIMPSES:**







# Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,

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#### **GIRLS GRIEVANCE CELL**

#### Report

DATE: 29.11.2022

Name of Activity: WORKSHOP ON ACT FOR VAW (Violence against women)

Date of Activity: 25 November, 2022

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of participants attended the workshop: 61

Name of Speaker: Dr. Kusumlata Singhal, Ex-president of Gwalior ObGy society, Obstetrician-gynecologist

The Girls Grievance Cell of MITS, Gwalior organized a one-day workshop on act for violence against women on the occasion of 'International Day for the Elimination of Violence against Women.

#### **OBJECTIVES:-**

The objectives of the workshop in short are stated as follows:

- To empower women on a social, economic and educational level.
- To let women know about their rights in society.
- To analyze how the violence against women impacts the lives of women victims, their families and society.
- To identify educational and social strategies to address the issue.
- To give recommendations and concrete proposals for action for elimination and prevention of violence against women.

#### **OUTCOMES:-**

After attending the workshop, it was expected that the people would be able to :-

- Know about their social ,economic and educational status. Have healthy and impactful discussions with their peers regarding various issues like different genders, their importance and inclusion in society.
- Observe their surrounding and to see the world with wiser perspective.

- Spread awareness about the various legal and fundamental rights for women against any kind of violence in our constitution.
- Women/Girls would be able to know about their rights in society.

#### BRIEF OUTLINE OF THE WORKSHOP:-

The workshop was organized in the Conclave Centre at MITS. The session commenced with the formal greetings by the Dr. Kusumlata Singhal. It was our honor, at GGC to invite Dr. Kusumlata Singhal, Ex-president of Gwalior ObGy society, Obstetrician-gynecologist, as the speaker of the event. She provided an overview of the issue and explored the epidemiology and burden of violence against women and children in both, our country and internationally. Also reviewed the state of knowledge with respect to successful interventions and future directions in the prevention of such violence. The workshop focused on what is known about violence against women and its prevention. Following this, the workshop was concluded successfully.

#### ATTENDANCE LINK:

https://drive.google.com/file/d/1DE91akycy3M5MYTRsd6F1FlUEks3JL9h/view?usp=drivesdk

#### **GLIMPSES:**







# 🖸 event city एमआइटीएस में सेमिनार

# महिलाओं पर होने वाले अपराध के खिलाफ समाज आगे आए

पत्रिका plus रिपोर्टर

ग्वालियर. महिलाओं पर होने वाली हिंसा को रोकने के लिए प्रतिवर्ष विश्वभर में अंतररष्ट्रीय महिला हिंसा उन्मूलन दिवस मनाया जाता हैं, जिसके उपलक्ष्य में एमआइटीएस में जीजीसी ने एक सेमिनार का आयोजन कराया। मुख्य अतिथि के रूप में डॉ कुसुमलता सिंघल उपस्थित रहीं। उन्होंने महिलाओं के खिलाफ अपराध होने पर विरोध करने को कहा। संस्थान की डॉ. मंजरी पंडित ने कहा कि महिलाओं पर अत्याचार रोकने के लिए कानून तो बने हैं, लेकिन अपराध की घटनाएं लगातार बढ़ रही हैं। ऐसे में महिलाओं के खिलाफ होने वाले उपराध पर समाज को सख्ती दिखाने की जरूरत हैं। महिलाओं को सामाजिक, आर्थिक और शैक्षणिक स्तर पर सशक्त कराना होगा, ताकि वे अपना अधिकार प्राप्त कर सकें।

### महिलाओं के प्रति होना होगा संवेदनशील

उन्होंने बताया कि पुलिस और समाज जब तक



र समाज जब तक महिलाओं के प्रति संवेदनशील नहीं होंगे, तब तक ऐसी घटनाओं में कमी नहीं आएगी। उन्होंने महिला सुरक्षा से संबंधित कानूनों पर भी रोशनी डाली। साथ ही बढ़ते साइबर क्राइम से जुड़े मुद्दों पर हैल्पलाइन नंबर की भी जानकारी दी।



#### Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,

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#### **GIRLS GRIEVANCE CELL**

#### Report

Date: 09.02.2023

Name of Activity: Campaign on Health and Menstrual Hygiene Management

Date of Activity: 04 February, 2023

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of participants attended the workshop: 135

Name of Speaker: Mrs. Neelam Dixit ,Branch Manager FPAI,Gwalior.

The Girls Grievance Cell of MITS, Gwalior organized a campaign on "Health and Menstrual Hygiene Management" on 04.02.2023. The objectives of the campaign in short are stated as follows:

#### **Objectives:**

- To make women aware about health hygiene.
- To make children aware about basic hygiene in day to day lives.
- To spread awareness about menstrual hygiene and precautions to take in the menstrual cycle.
- To discuss some cleanliness measures with the people of that village (Salupura).

#### **Outcomes:**

After attending the session we expect that the people of Salupura would be able to -

- Practice personal hygiene efficiently.
- Follow precautions during menstrual cycle.
- Maintain day-to-day hygiene.
- Use sanitary pads during menstruation.
- Take cleanliness measures to prevent from diseases and bacterial infections.

#### **Brief Outline of the Workshop:**

Speaker: Mrs. Neelam Dixit

Chief Guest: Mrs Neelam Dixit ,Branch Manager FPAI,Gwalior.

The Campaign/Session commenced with greetings by Mrs Neelam Dixit followed by Dr. Anshu Chaturvedi and Dr. Anjula Gaur. They all began with speech on hygiene awareness and menstrual cycle and precautions to take within menstrual cycle and addressed the cons of traditional way of handling menstrual cycle and use of sanitary pads. Also, we have spread awareness among the children about day-to-day hygiene.

#### **Attendance Link:**

 $\underline{https://drive.google.com/file/d/1tNeyLEUtKwekyZZrkYFrHn5bMvHhmqzi/view?usp=drivesdk}$ 

# **Glimpses:**







#### Dr. Anshu Chaturvedi

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#### **GIRLS GRIEVANCE CELL**

#### Report

Date: 14.03.2023

Name of Activity: Health Check-up Drive

Date of Activity: 10 March, 2023

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

#### Number of people attended the Health Check-up Drive: 23

In the memory of Late H.H Shrimant Madhavrao Scindia, the Girls Grievance Cell in collaboration with Computer Science and Engineering Department, Medical dispensary MITS had organised a Health Check-up Drive within college premises. This camp was organised in collaboration with DR LAL PATH LABS.

#### **Objectives:**

- To Suggest measures to prevent diseases.
- To spread health and hygiene awareness among the students alongside making healthcare more accessible.
- To identify, prevent, as well as reduce the impact of the diseases.
- To detect any possible ailments, you are at risk for and take a preventive approach to keep you healthy.
- To improve employee wellbeing, reduce absenteeism and increase productivity.

#### **Outcomes:**

After attending the health checkup drive, we expect that the people would be able to -

- Nip the disease in the bud and ensure that they get rid of them before they take any serious shape.
- Help doctors to properly evaluate the functioning of the various organs of your body.
- Identify stress-related diseases and addresses them right away.
- Find out if they have any pre-existing diseases and to minimize the risk of covering them.
- Reduce Stress level & helps to improve physical fitness.
- Improve wellbeing and self-assurance.
- Reduce health risks & personal medical costs.
- Provided access to health information.

#### **Brief Outline of the Workshop:**

This health check-up drive was graced by the visit of our honourable board of governors, ER. Ramesh Agrawal (Secretary Scindia Engineering College Society) and Mr. Prashant Mehta

(IAS). Their presence energised the event and the event begun with the great spark and enthusiasm.

The health check-up camp served the purpose of empowering the faculty and students with enough information and awareness with regards to their health and problems confronted by them.

The Health Check-up Drive offered Complete medical & physical examination by the numerous laboratory tests such as Vitamin D deficiency test, Uric acid test, Lipid profile, Cholesterol deposited, Calcium levels, as these all are interrelated altogether. Vitamin D is associated with cardiovascular diseases and their risk factors, cholesterol deposition can lead to heart stroke, calcium levels in our body helps to identify bone strength and immunity to tackle diseases.

Apart from these several other tests were also conducted such as, complete blood count which includes examination of Haemoglobin, Platelets, RBCs, WBCs count which helps to diagnose any blood infection or chronic diseases at prior stage. Thyroid profile test can examine the causes for irregular decrease or increase in the person's body weight which he/she might be suffering from unknowingly. Here comes the most important test which is common in elderly people however some youngsters are suffering with this unknowingly which is Blood pressure, Blood sugar test which is a chronic disease i.e. cannot be cured but when identified can be reduced to some extent.

All these test helped the students as well as faculties to recognise the status of their health which they might be ignoring in their busy day to day lifestyle. Moreover, this health check-up helped people to enhance their lifestyle and efficiently made them realised that their physical health is also deteriorating with their irregular lifestyle.

Most of the students and faculties showed their presence and made the event successful.

The program was much appreciated by everyone who witnessed the event and it was effective, doubts raised by the public were cleared. We got feedback from the public that the programme was good and more informative and created awareness.

#### **Attendance Link:**

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#### **Glimpses:**











# Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,

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#### **GIRLS GRIEVANCE CELL**

#### Report

Date: 20.03.2023

Name of Activity: Workshop on Change Management

Date of Activity: 13 March, 2023

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of participants attended the workshop: 109

Name of Speaker: Dr. Sapna Kumari

The Girls Grievance Cell of MITS, Gwalior organized a workshop on "Change Management" on 13.03.2023. The objectives of the workshop in short are stated as follows:

#### **Objectives:**

- To Prepare, support, and help individuals, teams, and organizations in making change.
- To make something different- to change up our routines and remove the things we are comfortable with.
- To help people in learning new things in an organisation.

#### **Outcomes:**

After attending a workshop we expect that the people would be able to -

- Become more focused in life and know what they want out of it. Focus on the change of thought process and their choices.
- Help women on the glass cliff beat the odds and lead their organization to a successful outcome.
- Help individuals and organizations to adapt successfully, work through and succeed in major changes and disruptions to their teams
- Help anyone from a team manager to a senior executive lead a group of people through a crisis.

#### **Brief Outline of the Workshop:**

Guest: Dr.R.S Jadon, Dr.C.S Malvi

On the occasion of Women's Day, a workshop on "Change Management" was organized by Girls Grievance Cell, Mits

Every year on March 8, International Women's Day is organized at the world level for "public awareness against violence against women and to celebrate the foundation of the world's women power". Hence the Workshop was organized.

"Change Management" is the planning, implementation and management of concrete changes in an organization. Dr. Sapna Kumari, while highlighting Change Management, said that the principle of Change Management is an approach to change people, processes and resources to achieve better results. This principle helps people and organizations to focus on the future and take the right decisions to achieve that vision. Under the workshop, the students were given important information about the principles and applications of Change Management.

#### **Attendance:**

 $\underline{https://drive.google.com/file/d/1wJvA1Z6WDMKPEETMrMGj3b7\_Cyw9bdRT/view?usp{=}s}\\\underline{haring}$ 

#### **Glimpses:**







# 🕩 event city एमआइटीएस में कार्यशाला

# हर क्षेत्र में अव्वल हैं

### पत्रिका plus रिपोर्टर

ग्वालियर. महिला दिवस के उपलक्ष्य में माधव प्रौद्योगिकी एवं विज्ञान संस्थान के जीजीसी एम्स ग्रीवीएनस सेल की ओर से चेंज मैनेजमेंट विषय पर कार्यशाला हुई। पश्चात धुंधले शब्द कविता अपनी सोच बदलनी होगी दुष्टिकोण ढांचा है। इसके सशक्त हैं। अब समाज को जादौन उपस्थित रहे।



स्पीकर के रूप में उपस्थित प्रतियोगिता हुई। इसमें छात्र एवं सपना कमारी ने कहा कि छात्राओं ने महिला विकास एवं परिवर्तन प्रबंधन का सिद्धांत महिला सशक्तिकरण विषय बेहतर परिणाम प्राप्त करने के पर कविताओं के माध्यम से लिए लोगों, प्रक्रियाओं और विचार प्रकट किए। उन्होंने संसाधनों को बदलने का एक कहा कि आज की महिलाएं पंडित, प्रॉक्टर डॉ. आरएस

जीजीसी अध्यक्षता चेयरपर्सन डॉ. अंशु चतुर्वेदी ने की। इस अवसर पर संस्थान के निदेशक डॉ. आरके पंडित डीन अकेडमिक डॉ. मंजरी



#### Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,

(A Govt. Aided UGC Autonomous & NAAC Accredited Institute Affiliated to RGPV, Bhopal)

#### **GIRLS GRIEVANCE CELL**

#### Report

Date: 22.03.2023

Name of Activity: Poetry Competition

Date of Activity: 13 March, 2023

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of participants attended the workshop: 109

Name of Judge: Dr. C.S.Malvi

The Girls Grievance Cell of MITS, Gwalior organized " धुँधले शब्द " Poetry Competition on 13.03.2023. The objectives of the competition in short are stated as follows:

#### **Objectives:**

- To Build awareness, enhancing knowledge and skills.
- To promote creativity, literary appreciation, community engagement, talent recognition, and personal growth.
- To provide participants with valuable feedback on their work and helping them refine their skill.
- To recognize and promote talents.

#### **Outcomes:**

After attending the competition we expect that participants would be able to-

- Interact with the community and create opportunities for dialogue, connection, and appreciation of poetry as an art form.
- Serve their creativity as a source of inspiration and motivation for others.
- Get a chance to gain recognition and visibility for their work.
- Develop a proactive and adaptable mindset towards change.

#### **Brief Outline of the Workshop:**

The Session commenced with greetings by Dr. Anshu Chaturvedi. They all began with welcoming the invited faculties and our judge Dr. C.S.Malvi with greetings. This was an open mic session where each participant was allowed to voluntarily share their poems turn by turn for a specified time duration to ensure that everyone has a chance to share. In this competition, students expressed their views on women's development and women's empowerment through their poems. Many faculty members also expressed their views by their poetry. After each

participant shared their poem, encourage other attendees to offer positive feedback and appreciation. Based on the judges' evaluations and deliberation, the winning poems were selected.

#### Winners:

1st - Sujal Nigam

2nd - Somya Dantre

3rd- Riya Yadav

#### **Attendance Link:**

 $\underline{https://drive.google.com/file/d/1wJvA1Z6WDMKPEETMrMGj3b7\_Cyw9bdRT/view?usp=drivesdk}$ 

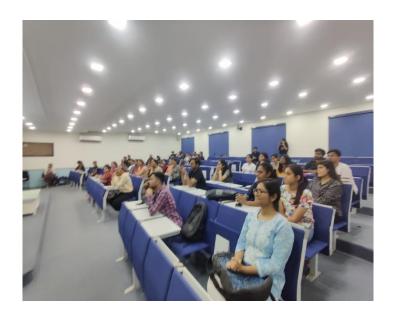
# Glimpses:













# Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,

(A Govt. Aided UGC Autonomous & NAAC Accredited Institute Affiliated to RGPV, Bhopal)

#### **GIRLS GRIEVANCE CELL**

#### Report

Date: 26.03.2023

Name of Activity: Sports Fest for Women

Date of Activity: 21 March, 2023

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of women participants in the event: 185

On the occasion of International Women's Day, Girls Grievance Cell, MITS has organized a Sports fest in collaboration with Ministry of Youth Affairs and Sports in accordance with "Khelo India Youth, Dus Ka Dum". GGC has lined a series of sports event to promote sports culture in women.

#### **Objectives:**

- To challenge gender stereotypes and discrimination.
- To promote gender equality and the empowerment of women and girls.
- To promote their physical as well as mental growth.
- To drive gender equality by teaching women and girls' teamwork, self-reliance, resilience and confidence.
- To promote camaraderie and a sense of belongingness among the Faculties and students, promote the value of teamwork.

#### **Outcomes:**

After attending sports fest we expect that the participants would be able to -

- Develop social skills among themselves.
- Improve their physical health, more likely to overcome biases, feel empowered and develop leadership skills.
- Create more interaction between faculties and students just as team members.
- Motivate and inspire women for participation in sports and defy all records in field of sports.
- Make their body physically and mentally fit.

#### **Brief Outline of sports fest:**

Guest: Dr.Manjaree Pandit(Dean academics, MITS)

On the occasion of International Women's Day, a 'Sports Fest' was organized by GGC (Girls Grievance Cell) in collaboration with Ministry of Youth Affairs and Sports, Government of

India On March 21' for girl students and teachers on Women's Day. This sports fest was done in accordance with "Khelo India Youth, Dus Ka Dum".

The event commenced with greetings by Dr. Manjaree Pandit (Dean academics, MITS) by flagging she marked the start of the event.

Women sports players such as students and faculties displayed their talent in various sports in the sports fest. The participants who participated in the program were given certificates and the winners of various competitions were given appropriate prizes and honours.

International Women's Day is organized every year in honour of women's rights. On the occasion of Women's Day, various programs are organized to showcase and honour the emerging female talent and power in the world.

The participants participated enthusiastically in the sports included in the sports fest for women such as Basketball, Volleyball, Badminton, 4km walk.

#### Winners of the event:

#### In badminton

Faculty-1<sup>st</sup> - Prof.Neha bharadwaj, 2<sup>nd</sup>- Prof.Pooja sahu

students: -1st- Yashmita Tiwari,2<sup>nd</sup> –Anurisha singh

#### In walking

Students: -1st - Anjali verma ,2nd - Anushka Gupta ,3rd- bhoomika lalwani

Faculty: -1st-Dr. Sushmita chaudary, 2nd- Prof. Aashi singh bhadoriya,

3rd - Prof.Shivangi Sharma

#### **Volleyball Winner Team**

Gargi Sharma ,Shiwani Nayak ,Shruti Rana ,Varsha Narwariya ,Khushi sonar, Samiksha

#### **Basketball winner team**

Divyanshi Nagpal, Muskan, Gunjan Sharma

Not only the girl students but also the teachers displayed their talent in sports and won various prizes.

The event ended gracefully and enthusiastically.

#### Attendance of participants

https://drive.google.com/file/d/1wjTxoW2J03rNO-NmYINhn7-j1oab5bqJ/view?usp=sharing

# Glimpses:











# खेलो इंडियाः महिलाओं के हुए कॉम्पटीशन



सिटी रिपोर्टर • ग्वालियर | भारत सरकार के खेल मंत्रालय की ओर से खेलो इंडिया दस का दम कार्यक्रम मंगलवार को एमआईटीएस कॉलेज में हुआ। देश के 10 शहरों में यह स्पोर्ट्स फेस्ट हुआ। इसमें महिला शिक्षिकाओं और छात्राओं ने भागीदारी की। बैडिमिंटन में यशमीता तोमर,

वॉक में अंजिल वर्मा, बास्केटबॉल में मुस्कान और वालीबॉल में समीक्षा गार्गी विजेता रहीं। कार्यक्रम की मुख्य अतिथि डीन अकादमी डॉ.मंजरी पंडित, जीसीसी की अध्यक्ष अंशु चतुर्वेदी और स्पोर्टस क्लब के अध्यक्ष भानू प्रताप सिंह ने विजेताओं को पुरस्कार प्रदान किए।



Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,

(A Govt. Aided UGC Autonomous & NAAC Accredited Institute Affiliated to RGPV, Bhopal)

#### **GIRLS GRIEVANCE CELL**

#### Report

Date: 05.04.2023

Name of Activity: Workshop on Gender Sensitization 2.0

Date of Activity: 01 April, 2023

Name of Coordinator: Dr. Anshu Chaturvedi, Chairperson, Girls Grievance Cell.

Number of Females attended the workshop: 27

Number of Males attended the workshop: 20

Name of Speaker: Dr. Archana Chaturvedi, Social Work Teacher At Jiwaji University, Gwalior.

The Girls Grievance Cell of MITS, Gwalior organized a workshop on "Gender Sensitization" on 01/04/2023. The objectives of the workshop in short are stated as follows:

#### **Objectives:**

- To raise awareness about gender-related issues, stereotypes, and biases prevalent in society.
- To promote understanding of gender as a social construct.
- To challenge and debunk gender stereotypes.
- To foster empathy, understanding and collaboration among participants.
- To encourage inclusivity for all genders.
- To enhance sensitivity to gender-related issues.
- To develop skills to promote gender equality.
- To provide resources for implementing gender-sensitive practices.
- To empower participants as change agents for a more inclusive society.

#### **Outcomes:**

After attending a workshop we expect that the people would be able to -

- Increase awareness of gender-related issues.
- Change attitudes and perspectives towards gender.
- Enhance empathy and understanding.
- Heightened sensitivity to gender-related issues.
- Develop skills for promoting gender equality.
- Transform behaviour towards inclusivity.

- Increase advocacy for gender equality.
- Foster collaboration and networking.
- Implement gender-sensitive practices.
- Provide Long-term impact through empowered change agents.

#### **Conclusion of the Workshop:**

Speaker: Dr. Archana Chaturvedi

Chief Guest: Dr. Archana Chaturvedi, Social Work Teacher At Jiwaji University, Gwalior.

The workshop was organized in Conference Hall at MITS. On this occasion all the faculty members actively participated and presented their views regarding gender sensitization. The Gender Sensitization Workshop serves as a transformative catalyst in our society, bringing about a profound shift in attitudes, beliefs, and behaviours regarding gender. It sparks a powerful awakening, challenging deeply ingrained biases and stereotypes that perpetuate inequality and discrimination. By promoting critical self-reflection, empathy, and understanding, the workshop fosters a collective consciousness that acknowledges and respects the diverse experiences and identities of all genders.

The workshop's ripple effects extend beyond its immediate participants, influencing broader communities and institutions. It ignites conversations, sparks collaborations, and inspires societal transformations that transcend the workshop's boundaries. By sensitizing individuals to the nuanced complexities of gender, the workshop nurtures a culture of respect, dignity, and equal opportunities for all.

Ultimately, the Gender Sensitization Workshop paves the way for a future where gender-based discrimination is eradicated, where diversity is celebrated, and where every person, regardless of their gender, can live authentically and thrive in a society that truly values and respects their inherent worth.

Through this workshop, the awareness being spread in society is primarily focused on gender-related issues, stereotypes, biases, and the importance of promoting gender equality.

#### **Attendance Link:**

https://drive.google.com/drive/folders/1UHDSWDglH2B6MOpSJxA3EMhXyyBs ERP

# Glimpses:











Dr. Anshu Chaturvedi

Chairperson,

Girls Grievance Cell,