



STANDARD OPERATING PROCEDURES

SPORTS



Introduction

Sports have been given prime attention to prepare the youth as dynamic individuals with a spirit of sportsmanship and emphasis on physical fitness. Sports Cell plays a key role in promoting physical activity and organizing sports activities/tournaments. Students are encouraged to shine at various levels in sports to bring name and honors to the college.

Need for Games and Sports

1. Participation in sports and games help build a sense of co-operation and team spirit among students.
2. Students learn to cope with difficult situations.
3. Sports and games are helpful in developing mental and physical fitness.

Objectives

1. To develop an understanding of the importance of sport in the pursuit of a healthy and active lifestyle at the college and afterwards.
2. To select, train and depute the teams for tournaments at various levels viz. inter-collegiate, nodal, inter-university, state, national, etc.
3. To develop an ability to observe, analyse and judge the performance of self and peers in sporting situations.
4. To develop appreciation of the concepts of fair play, honest competitions and sportsmanship.
5. To develop leadership skill and foster qualities of co-operation, tolerance, trust and responsibility, when faced with group and team.

Working of Sports Cell

1. Strategic perspective plans are submitted by Sports Officer along with estimated budget prior to the commencement of the academic year.
2. Sports activity calendar is prepared in accordance with the academic calendar.
3. Sports Officer disseminates the information on college website / moodle or through press release.
4. Inter-department, inter-collegiate sports activities are organized as per sports calendar.
5. Selection, training and practice sessions for college teams in different sports are organized.
6. Awareness program about general fitness, nutrition and health are also organized.
7. Equipment record is maintained in the sports register.



Procedure of Sports Activities Organization

1. Formal permission from the college authorities to arrange programs.
2. Information circulation among students about the events.
3. Arrangement of venue and logistics.
4. Arrangement of mementos, trophies, medals and certificates.
5. Invitation to the Chief Guest and other guests of honour.
6. Training to students.

Team Selection Process

1. Inter-Departmental/Inter-Class activities
2. Selection trials
3. Final Selections
4. Training and practice session
5. Representing college team
6. University team selection

Infrastructure and Sports Facilities Available

1. Cricket Ground
2. Football Ground
3. Basketball Court
4. Volleyball Court
5. Badminton Court
6. Table Tennis
7. Outdoor Gymnasium

Support Offered by the Institution

- **Sportswear:** All the students representing the college in various sports & games are given suitable sportswear.
- **TA & DA:** All the students representing college are given TA & DA as per university norms.
- **Attendance:** Players representing the college team in Inter-Collegiate games are given attendance benefit with prior permission.
- **Medical facility:** If required, medical facility to the student.